

NORTH GREENVILLE FITNESS & CARDIAC REHABILITATION CLINIC, INC.

Volume 1 / Issue 1

CHECK OUT OUR OTHER SERVICES:

- Occupational Health Screenings
- Regulatory and Compliance Examinations
- Vaccinations/Immunizations
- Drug Screenings
- Chest X-Ray and Interpretations
- Physician's "Hands-On" Physical, which includes: Exam of eyes, ears, nose and throat, Dermatological check, Testicular and hernia check, Palpation of cavity (liver, spleen, lymph nodes, and intestinal tract)



DID YOU KNOW THAT YOUR CURRENT BLOOD PANEL MAY BE MISSING VALUABLE INFORMATION?

The Blood Panel that North Greenville Fitness offers as part of our Basic Screening Program is much more in-depth than any other screening clinic in the industry, because we provide a comprehensive program based on the diseases that are most common. We have broken down the additional tests that we include in our program and why they are so important to you in your quest to prevent diseases before it is too late.

Thyroid

- **TSH:** The most common test for Hypothyroidism or Hyperthyroidism.
- **T4, T3 and Free Thyroxine Index:** The inclusion of these tests complete the screening of the Thyroid. T4 and T3 have been associated with inappropriate TSH Syndrome of tumorous or non-tumorous, as well as Secondary Hypothyroidism which can indicate pituitary or hypothalamus disease.

Uric Acid

- **Uric acid measurements:** are useful in the diagnosis and treatment of gout, renal failure, and a variety of other disorders including leukemia, psoriasis, starvation, and other wasting conditions.

Liver Enzymes

- **GGT--Gamma-Glutamyl Transferase:** is used mainly as a sensitive indicator of cholestasis.
- **Cholestasis:** is any condition in which the flow of bile from the liver is blocked.
- **Adult Onset Diabetes:** A chronic condition that affects the way the body processes blood sugar (glucose).
- **Pancreas Disease:** Cancer that begins in the organ lying behind the lower part of the stomach (pancreas).

Phosphorus

- **Low levels of phosphorus (hypophosphatemia) may be due to or associated with:** Hypercalcemia, especially due to



hyperparathyroidism, overuse of diuretics, malnutrition, alcoholism, severe burns, hypothyroidism, chronic antacid use, Rickets and Osteomalacia (due to Vitamin D deficiencies).

➤ **Higher than normal levels of phosphorus**

(hyperphosphatemia) may be due to or associated with: Kidney failure, hypoparathyroidism, Diabetic ketoacidosis (when first seen), or increased dietary intake (phosphate supplementation).

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Contact Us

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Cardiac Rehabilitation Clinic, Inc.**

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requirements of this document shall not be attributable to the NFPA and is solely the responsibility of the certifier or maker of the statement."

NFPA 1582 is an outstanding recommendation, however it is not a Federal Law! Nor will you lose your insurance policy if you are not following NFPA 1582, as some of you are being told by misleading industry sales people. Question these tactics and lack of ethics!

If all departments had the nearly \$4,000.00 per firefighter to spend on NFPA 1582 physicals, then we would see a huge drop in LODDs (Line of Duty Deaths). However, with the major budget cuts that all of you are experiencing, it is just not feasible. Nor is it feasible to have nearly 60% of your members/staff disqualified from service because of tobacco use. According to NFPA 1582, Section 6.22.1 "Tobacco use shall be a category A medical condition." According to NFPA 1582, Section 3.3.15.1 "Category A Medical Condition. A medical condition that would preclude a person from performing as a member in a training or emergency operational environment by presenting a significant risk to the safety and health of the person or others."

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